

BFOB10 Olympic Folding Bench



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The Best Fitness Olympic Folding Bench is ideal for a variety of barbell and dumbbell exercises. The quick-change safety pull pin allows multiple back pad adjustments, allowing you to move smoothly and safely through your routines. It accommodates users of any size with varying height adjustments and is designed to fit both 6-foot and 7-foot bars and also comes with leg curl/leg extension. Best of all, when you're done for the day, the Best Fitness Olympic Folding Bench collapses to a manageable, storable size.

You can build a full, strong chest with flat bench press exercises alone. Adding incline routines will complement your chest development while you work to build your upper pectoral muscle areas. Changing the angle of incline puts extra stress on the upper chest muscles and your front deltoids.

Weight: 71 lbs
Dimensions: 68" L x 41" W x 58" H

Special Features

- Fold-Up storage design
- Multiple flat, incline adjustments
- Durable powder coated finish.
- Adjustable uprights
- Leg Extension/Leg Curl station included

Warranty

Frame & Welds	3 Years
Motor (if applicable)	1 Year
Parts.....	1 Year
Electronics (if applicable).....	3 Months
Wear Parts	30 Days